

INCONTINENCE

Incontinence is the lack of voluntary control over urination or defecation. Both stress and urge incontinence is treated with great success.

A complete evaluation is done with Electromyography to determine the quality of the contractions the patient is capable of. It is used to serve as a base against which improvement is measured. The patient places his/her own internally vaginal or rectal electrode. This electrode is then connected to the Computer to do an Electromyographic study and afterwards and EMG and stimulation is done to help a patient to reach and maintain a better level of contraction.

Muscle contractions are facilitated through stimulation performed with the use of an electrode placed internally (either vaginally or in the rectum). 'Bladder training' and 'behaviour modification' is addressed with respect to the correct manner of defecation (to avoid prolapse); moisture intake; and the control of urge incontinence ('brain over bladder'). 'Double wee' is also taught should a patient struggle to empty their bladder.